



# *Living in peace.*

## *An End of Life Planning guide*

**Pre-planning is a Mitzvah.** No one wants to anticipate the need for a funeral service. It's a topic that brings sadness and often discomfort. But making sound decisions well in advance frees your family of this responsibility at the time of your death, allowing them to focus on supporting each other's emotional needs. Another reason to pre-plan your arrangements is that your family may have no idea about your personal wishes. Pre-planning removes all doubt, avoiding any unneeded agony or conflict.

**Peace of Mind.** One of the most important benefits of pre-planning is to relieve any financial burden related to funding your funeral. Our plans include locked-in costs that don't rise over time, insuring that your survivors will never have any financial responsibility related to the services and facilities you have selected.

**Free Planning Consultation.** Talk with one of our funeral planning professionals. They'll provide all the information you need to weigh your options and make decisions that are right for you. These pre-planning consultations are free of cost. You'll be surprised how liberating it is to have your wishes recorded and assured in advance; Live in peace long before you rest in peace.

### The Five Wishes

This document was created by the non-profit organization, *Aging with Dignity*. It has been described as a "Living will with a heart and a soul." Many people find this useful when making end of life arrangements.

**1. The person I want to make care decisions when I can't**  
(who makes medical decisions for you if you are not able to speak for yourself)

**2. The kind of medical treatment I want or don't want**  
(what life support treatment means to you, and when you would and would not want it)

**3. How comfortable I want to be**  
(What type of pain management you would like, personal grooming and bathing instructions, and whether you would like to know about options for hospice care)

**4. How I want people to treat me**  
(Personal matters, such as whether you would like to be at home, whether you would like someone to pray at your bedside)

**5. What I want my loved ones to know**  
(How you wish to be remembered and final wishes regarding funeral or memorial plans)

